



HealthPartners[®] Center for Memory & Aging

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651-254-7000

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Our Center invented the intranasal insulin treatment that not only improves memory and functioning in Alzheimer's patients in multiple clinical trials and improves memory in normal healthy adults, but may also treat other brain disorders (such as FTD, PTSD, Parkinson's and TBI). We have also developed intranasal deferoxamine and intranasal adult therapeutic stem cells to treat Alzheimer's disease, Parkinson's, stroke, brain tumors, spinal cord injury, MS and other brain disorders.

Multiple Clinical Trial Opportunities.

Clinical trials are constantly changing. For information call 651-254-7000 or email memoryloss@healthpartners.com.

Phase II Intranasal Insulin Study looks at the effect of insulin on cognition and function in individuals with amnesic mild cognitive impairment (aMCI) or mild Alzheimer's disease (AD) when delivered as a nasal spray (intranasally).

(Study Length = 8 months.)

Merck MK-831 019 Study is a study for mild cognitive impairment testing a novel drug (MK-8931) that may reduce levels of Abeta, an abnormal protein that is associated with Alzheimer's disease. Mild cognitive impairment is considered an earlier stage of memory loss that may progress to dementia. The decision to study this drug in the mild cognitive impairment population is based on the hypothesis that treating this disease earlier in the process may lead to better outcomes. **(Study Length = 112 weeks.)**

Pilot Down syndrome Study studies the effect of insulin on memory and cognitive function in older adults with Down syndrome when delivered as a nasal spray (intranasally). **(Study Length: 6 weeks)**

To Donate

Donations can be made by check to "RHF-Alzheimer's Research" and mail it to **CMA, 640 Jackson Street, MS 11202C, St. Paul, MN 55101**. Secure on-line donations to support research for treatment, prevention of Alzheimer's disease and other memory disorders can be made by [clicking](#) here or going to <https://3086.thankyou4caring.org/memory-and-aging-donations>. Have questions, want to discuss a planned gift or special bequest, call 651-254-2376. Gifts made to the Center are processed through Regions Hospital Foundation, a charitable organization that as part of its mission raises funds on behalf of HealthPartners Center for Memory & Aging and other programs in patient care, medical research and education.

Ask the Experts: Learn, Meet and Connect Speaker Series. 1 CUE is Available per talk.

Email memoryloss@healthpartners.com or call 651-254-2743 to reserve a place.

September 22

Understanding Memory Loss: Communication, Resources, and Living Well

By Dr. Terry Barclay
Lunch/Reg: 11:30 am-12
Presentation: 12-1:00 pm
Lighthouse of Columbia Hts;
3801 Hart Blvd NE, Columbia
Heights, 55421

September 26

"Get to Know Us" Session

Hear about our latest research, clinical trials & unique patient care model.

Regions Hospital
640 Jackson St, St. Paul
10:00-11:00 AM
RSVP: 651-254-3864 or
Brittanie.A.Aune
@HealthPartners.com

October 20

Diet is not just about calories; Let's think differently about diet, the brain and memory loss

By Dr. William Frey, II
Lunch/Reg: 11:30 am-12
Presentation: 12-1:00 pm
Keystone Senior Living/Highland
Park; 750 Mississippi River Blvd.
St. Paul
Kwedemeyer@keystonecommunities.com
or 651-387-2466 to RSVP

November 10

Not all Dementia is Alzheimer's—Lewy Body Dementia and FTD

By Michael Rosenbloom
Lunch/Reg: 11:30 am-12 pm
Presentation: 12-1:00 pm
Keystone Senior Living of
Roseville
Kwedemeyer@keystonecommunities.com
Or 651-387-2466 to RSVP



**Learn about our
Imaging Dementia-Evidence for Amyloid
Scanning (IDEAS) Study**

The IDEAS Study will determine the clinical usefulness on patient-oriented outcomes of a brain positron emission tomography (PET) scan that detects amyloid plaques, a core feature of Alzheimer’s disease. In addition to assessing the impact of amyloid PET on management of patients with mild cognitive impairment or dementia of uncertain cause, the study will compare medical outcomes for study participants with matched patients not in the study.

By providing access to amyloid imaging for more than 18,000 Medicare beneficiaries for whom there is ambiguity about the cause of their cognitive decline/dementia, the IDEAS Study seeks to demonstrate that amyloid PET can help clinicians diagnose the cause of cognitive impairment, provide the most appropriate treatments and recommendations, and improve health outcomes. It is anticipated that the evidence obtained by the IDEAS Study will support reimbursement of amyloid imaging by Medicare and other third-party payers.

This study will be conducted by Dr. Michael Rosenbloom, neurologist and director of HealthPartners Center for Memory & Aging. Dementia specialists nationwide will team with trained radiologists/nuclear medicine physicians at PET facilities to order, conduct, and interpret the amyloid PET images. Support for the study has been provided by the Alzheimer’s Association, American College of Radiology, and Centers for Medicare & Medicaid Services in collaboration with amyloid radiopharmaceutical manufacturers.



READING CORNER

Dr. William Frey II was featured in the Sunday, April 17 StarTribune Features section. The story covered our brain bank program and the research being conducted at the Center for Memory & Aging. Contact us to request a hard copy or to read it go to <http://www.startribune.com/minnesota-researcher-brainstorms-a-new-approach-to-treating-alzheimer-s/375770341/>

Dr. William Frey II was the guest for the Sunday, May 15 “Waiting Room” show on MyTalk 107.1 FM. Click here to hear the podcast: <http://www.mytalk1071.com/the-waiting-room-ondemand/>

Interested in making a clinic appointment?

On Tuesdays we offer a Diagnostic Clinic Day where patients can see a neurologist, neuropsychologist, geriatric psychiatrist, physician assistant and nurse all at one visit. To make an appointment call 651-254-7000 and press option 1.

Partners in Dementia

The Center for Memory & Aging started *Partners in Dementia*, a project where 20 first-year University of Minnesota medical students were invited to be paired with a Center for Memory & Aging patient diagnosed with mild to moderate Alzheimer’s dementia. The students volunteered their time and in return received credit for this volunteer project. Students were required to meet during the academic year with the patient twice a month for 2-hours. These visits allow patients to educate students about their symptoms and show them first-hand how dementia affects their personal life. Continued on page 3.

Congratulations to Kate and Maria!

Kate Faltsek won the ‘Technologist of the Year’ award from the MN chapter! Kate has been at Regions Hospital for 10 years and is well respected by those people with whom she works.

Maria Pyle was recognized as a Finalist for Outstanding Nursing by Minneapolis-St. Paul Magazine. Maria is our Clinical Research Manager and has worked in the neurology and neuroscience research departments for 5 years, and is a critical component to the clinical trials taking place within the Center for Memory & Aging as well as the department of neurology. See Maria listed as a finalist in administrative leadership and as a nurse researcher at: <http://mspmag.com/.../Outstanding-Nurses-Awards-Finalists/>



Living Well Book; a guide to living well with mild cognitive impairment (MCI) & Early dementia: https://www.healthpartners.com/ucm/groups/public/@hp/@public/documents/documents/cntrb_028820.pdf

Partners in Dementia: Service Learning Project—Continued from page 2

In the classroom, student learned about dementia and received training to interact with patients with difficulty communicating or other cognitive impairments. Students were required to write monthly journal entries to reflect their interactions with patients and families. This program has been very successful and is creating medical students who are anxious to learn more about dementia and memory loss.



Wines For Minds

The Center for Memory & Aging hosted a dinner on Thursday, April 28 to raise money to start a clinical trial for Frontotemporal Dementia, the most common cause of young onset dementia in those under 60. Those who attended, enjoyed a gourmet dinner paired with exceptional wines at District Fresh Kitchen + Bar, in Wayzata. All of the proceeds from the night were donated to the trial. To date we have raised a fourth of our \$100,000 goal. Call 651-254-3062 with questions or donate at <http://www.regionshospital.com/.../foundat.../winesforminds.html>



Top row: Terry & Sue Lauda, Barbara Hamilton-Sustad, Herman Bleich, Blythe Brenden; Jan Volkenant, Dr. William Frey II; Robbie Droddy, Rachel Koep, Lynn Von Eschen

Middle row: Barbara Hamilton-Sustad, Michael Rosenbloom, Maria Pyle; Tiki Spell, Carol Smith, Cynthia Jurgensen, Kathleen Dodson-Smith, Julie McGlynn, Jo Ellen Saylor, Linda Bartling, Tricia Davis; Tanya Ehler, Dan Ehler

Bottom row: Barbara Hamilton-Sustad, Megan Remark; Vicki Martini, Deborah Dolan, Michelle Barclay, Terry Barclay; Barbara Hamilton-Sustad, Anoush Ansari

Thank you to our 2015 Breakfast Sponsor!

Our plate is never too full.



Proud supporter of the 5th Annual Alzheimer's Fundraising Breakfast

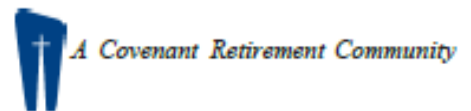
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