



Ask the Experts 2018 Talks

Talks are free, open to the public and provide 1-CEU for social workers and nurses. Find our talks and Like us on www.facebook.com/fightmemoryloss. RSVP to 651-495-6565 or email memoryloss@HealthPartners.com.

Thursday, March 8; 2:00 pm - 3:00 pm

Beyond the Basics of Alzheimer's: New Approaches to the Treatment and Prevention of Alzheimer's, Stroke, Parkinson's and other Brain Disorder

Dr. William Frey, II

The Regent at Burnsville; 14500 Regent Lane, Burnsville, MN 55306

RSVP to Jan.L.karrmann@HealthPartners.com or call 651-495-6350

Thursday, March 15

Functional Outcomes & Prognosis after a Spinal Cord Injury

Dr. Steven Jackson

WebEx Option Available

Schedule: 11:30 am -- Noon: Lunch & Registration Lunch sponsored by
Handi Medical Service, Inc.

Noon -- 1:00 pm: Presentation

HealthPartners Neuroscience Center Conference--295 Phalen Boulevard, St. Paul 55130

RSVP & request the WebEx option from Jan.L.karrmann@HealthPartners.com or 651-495-6350

The Mindfulness-Based Dementia Care Sessions

An 8-week program for Dementia Caregivers designed to help them cope with caregiving challenges. The goal is to improve the quality of life of caregivers and loved ones.

Orientation: Tuesday, April 3; 11:30 am to 12:30 pm

Classes: Tuesdays, April 3 to May 22; 12:30 pm to 2:30 pm

Retreat: Saturday, May 12; 10:00 am to 4:00 pm

Call Jan Karrmann for more information 651-495-6565

Monday, April 9; 8:00 am to 4:30 pm

Interprofessional Education Summit sponsored by St. Catherine University

Dr. Michael Rosenbloom will speak on Innovating Medical Care in Dementia at 10:45 am

Healthcare and business professionals discuss teams, roles and the changing face of organizational structure, healthcare education & collaborative practice.

<https://www.stkate.edu/participate> and scroll down to 2018 Interprofessional Education Summit.

Thursday, April 19

Parkinson Disease: Coping with Changes in Mood and Thinking Abilities

Dr. Kate WymanChick

Schedule: 11:30 am -- Noon: Lunch & Registration

Noon -- 1:00 pm: Presentation

New Perspective Senior Living Roseville

2750 North Victoria Street, Roseville 55113

RSVP to jmccoysrsl@keystonecommunities.com or call 651-482-1611

Friday, May 4; 11:45 am to 1:30 pm Lunchn' Explore

Your Brain's Energy, Memory & Function: Insights from a Leading Global Neuroscience Researcher by Dr. William H. Frey II, Ph.D.

Selim Center for Lifelong Learning: Opus Hall Room 201, University of St. Thomas Minneapolis Campus (seating begins at 11:40 a.m. with meal immediately after).

Registration: \$30 per person - **deadline is April 26**. First come, first serve.

Visit www.stthomas.edu/selimcenter and find **May 4 Lunchn' Explore**

Thursday, May 10

Stroke: What you need to know by Dr. Haitham Hussein

Schedule: 7:30 am -- 8:00 am: **Breakfast/Registration**

8:00 -- 9:00 am: **Presentation**

Breakfast sponsored by New Perspective Senior Living Eagan

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Thursday, May 17

Healthy Brain Aging by Dr. Bhavani Kashyap

Schedule: 11:30 am -- Noon: **Lunch & Registration**

Noon -- 1:00 pm: **Presentation**

New Perspective Senior Living Mankato

100 Dublin Road, Mankato 56001

RSVP to abrown@keystonecommunities.com or call 507-385-7089

Thursday, May 24; 11:00 am to Noon

Beyond the Basics of Alzheimer's: New Approaches to the Treatment and Prevention of Alzheimer's, Stroke, Parkinson's and other Brain Disorder by Dr. William Frey, II

Kessler & Maguire Funeral Home, 640 West Seventh Street, St. Paul 55102 (651-224-2341)

Tuesday, September 25

Concussion: What You Need to Know

A paneled discussion lead by Regions Hospital Outpatient Rehabilitation

Kari Olk, PT: neck pain, balance and dizziness

Beth Dessner, MS, OTR/L: vision issues

Kayla BrinkmanTheimer, MA CCC/SLP: cognitive and communication

Gwen Kosevich, MSN, CNP, APRN: Medical management

Garry Allen, PsyD, LP: Behavioral health considerations

Schedule: 11:30 am -- Noon: **Lunch & Registration**

Noon -- 1:00 pm: **Presentation**

New Perspective Senior Living Highland; 750 Mississippi River Blvd, St Paul 55116

RSVP to lsasal@keystonecommunities.com or call 651-698-1111

Thursday, November 8

Not all Dementia is Alzheimer's--Learn about Lewy Body and FTD

Dr. Michael Rosenbloom

Schedule: 11:30 am -- Noon: **Lunch & Registration** (sponsored by New Perspective Senior Living Mahtomedi)

Noon -- 1:00 pm: **Presentation**

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