

# Helping you manage memory loss



Getting lost in familiar places, frequently repeating the same questions or difficulty completing daily tasks may be signs of memory loss. It's not always easy to determine if memory loss is related to age, depression, medications or a memory disorder such as Alzheimer's disease. However, discovering the cause of memory loss is an important step toward learning about available treatments and how to manage your symptoms.

HealthPartners Center for Memory & Aging can help make living with memory loss more manageable. Our unique combination of care providers and research professionals are here to help you and your loved ones.

"We are committed to helping our patients live well with memory loss."

- Michael Rosenbloom, MD, Neurologist, Clinical Director

### You and memory loss

It is important to know about your health care options. Our team will help you understand:

- The cause of your memory loss
- How you can be active in the treatment of your memory problems
- · How you can plan for the future

# Caring for a loved one

Caring for a loved one with a memory disorder can be difficult. Our team will work with you and provide resources to help you cope with the changes in your loved one's day-to-day abilities and behavior. Each day can bring new challenges, but we are here to help.

#### **Conditions**

The most common dementia we care for is Alzheimer's disease, but there are several other forms of dementia that affect people in similar ways. Our center treats people who have neurodegenerative diseases including those that affect:

- Behavioral function
- · Decision making
- Language
- Memory
- · Visual spatial function

#### Services

We coordinate across providers to give you the best in care.

- Care consultations
- · Cognitive testing
- · Guidance on resources and support services
- · Neurological examinations
- · Advanced neuroimages
- Patient and caregiver education
- Pharm.D. consultations
- · Genetic counseling
- · Research and clinical trial opportunities



# Award-winning research

Our research team focuses on improving the treatment and prevention of Alzheimer's disease and related disorders. They have been recognized both nationally and internationally as experts in the development of a new medication delivery method to treat brain disease. This combination of care and research allows our patients the unique opportunity to participate in breakthrough clinical trials.

To learn more about our research or how you can support our work, contact us at 651-495-6306.

## **Expert Care**

Our team will work with you to coordinate care with your primary care provider.



Michael Rosenbloom, MD, Neurologist



Brittani Conway, MD, Neurologist



Angela Guzman, NP-G



Terry Barclay, PhD, Neuropsychologist



Alison Keuning, PhD, Neuropsychologist



Amy Steiner, PsyD, ABPP, Neuropsychologist



Lindsey Bergin, Neuropsychometrist



Peter Knudson, MS, Neuropsychometrist



Karen Lachner, Neuropsychometrist



Doug Sylvester, Neuropsychometrist



Maria Pyle, RN, Research Nurse



Olivia Tise, MSW, Social Worker

The best care for patients with memory disorders requires a team approach.

Our team has both a personal and professional commitment to supporting you and your caregivers through the stages of memory disorders.